



## CASE STUDY BROOKE 2YRS

Prior to enrolling at **Big Steps Little Feet** in 2014, Kathryn's daughter, Brooke, did lots of different activities: gymbaroo, swimming, music, French classes, piano and gymnastics.

"I enrolled Brooke at **Big Steps Little Feet** because I wanted her to have a physical activity that encouraged her imagination and allowed her to develop co-ordination and strength," says Kathryn. "But I also wanted her to have FUN... after all, she's only 2!"

Before starting the classes, Kathryn says Brooke did not want to attend AT ALL. "I felt a bit like a 'tiger mother' as I forced her into her tutu and into the car to go to her first class," recalls Kathryn. "However, Brooke's teacher - instantly made her feel comfortable, welcome and secure."

Before long, Brooke was expressing her creativity and using her imagination - all while learning correct ballet technique and improving coordination.

"I was thrilled because she was learning ballet from a well-qualified school and also having so much fun!" laughs Kathryn. "Since joining **Big Steps Little Feet**, I've seen Brooke's confidence and coordination increase. I see her dancing all around at home and in public these days, particularly practicing her arabesques! Before starting **Big Steps Little Feet**, she was hesitant to even dance at home."

Kathryn says that being a lawyer, she has sometimes pushed her daughter to do things 'the right way' and so "I've learnt through **Big Steps Little Feet** that Brooke thrives in an environment where she's not being forced to do something a certain way," says Kathryn. "And she has a much bigger imagination than I gave her credit for."

And Kathryn could not be more proud of Brooke. "Through **Big Steps Little Feet's** guidance, I've seen my little girl grow into her potential as a confident, creative and happy girl and dancer!"



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\* leading the way in creative ballet for young children