



CASE STUDY SOPHIE 4YRS

Sophie is a young girl who loves dancing and storytelling. Her parents wanted for her to be involved in a creative play-based and open-ended activity that was not solely about rigid dance disciplines and movement.

“I had seen some highly rigid dance teaching, and did not want my child to have that experience,” says her dad, Nicholas. “We saw **Big Steps Little Feet** as being creative, playful and engaging, and an activity that would give Sophie the opportunity to express herself.”

Sophie joined **Big Steps Little Feet** in 2013 when she had just turned 3 years old.

Prior to this, Sophie had done some swimming lessons, however nothing music or movement related.

“Sophie loves to tell stories and incorporate movement, and this is now something we do together at home,” says Nicholas. “She loves being a fairy, a tree, a mermaid, a ballerina, or a butterfly, and frequently will begin a story using her imagination. We love watching these stories unfold.”

Sophie says what she loves most about ballet is “Miss Kate and dancing stories”.

Nicholas says that since being part of **Big Steps Little Feet**, he’s seen that Sophie is confident to express herself and create both stories and dances. The family also plans to enrol Sophie’s younger brother, as he loves dancing with his sister.

“We’ve also loved the end of year concerts, the photo shoots and the wonderful costumes,” he says. “We are very proud to watch our daughter perform and develop, and very happy to have a record of these special moments.”



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★ *leading the way in creative ballet for young children* ★

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